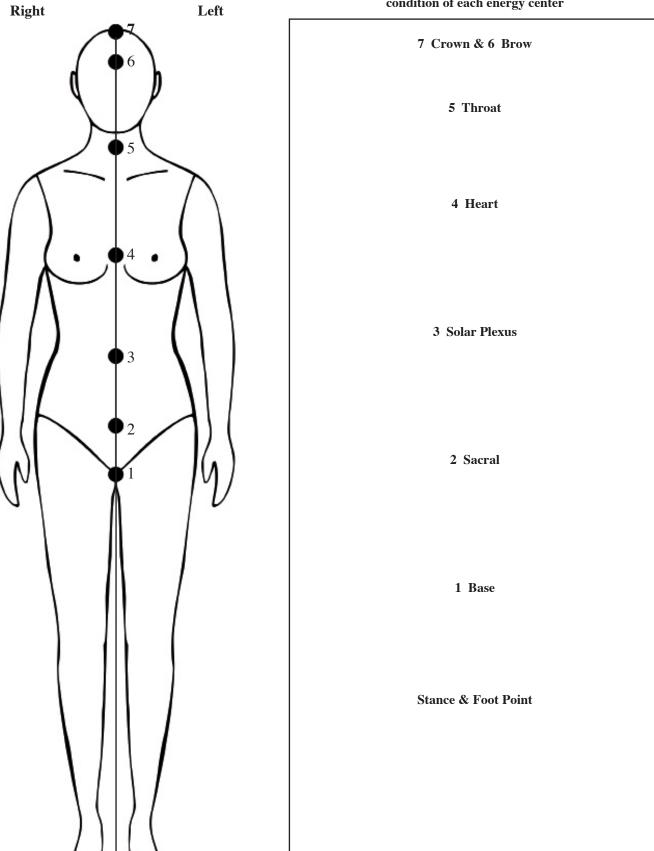
### **BMA Practical Assessment & Work Sheet**

## **Centre Core Energy and response of the Outer Sheath**

Draw client's actual shape against all templates in red

Centre Core Energy Centres
Describe over all – front and back –
condition of each energy center



Study pages 39 - 50 All areas affected

## **Right/Left Comparisons**

Draw client's actual shape against all templates in red

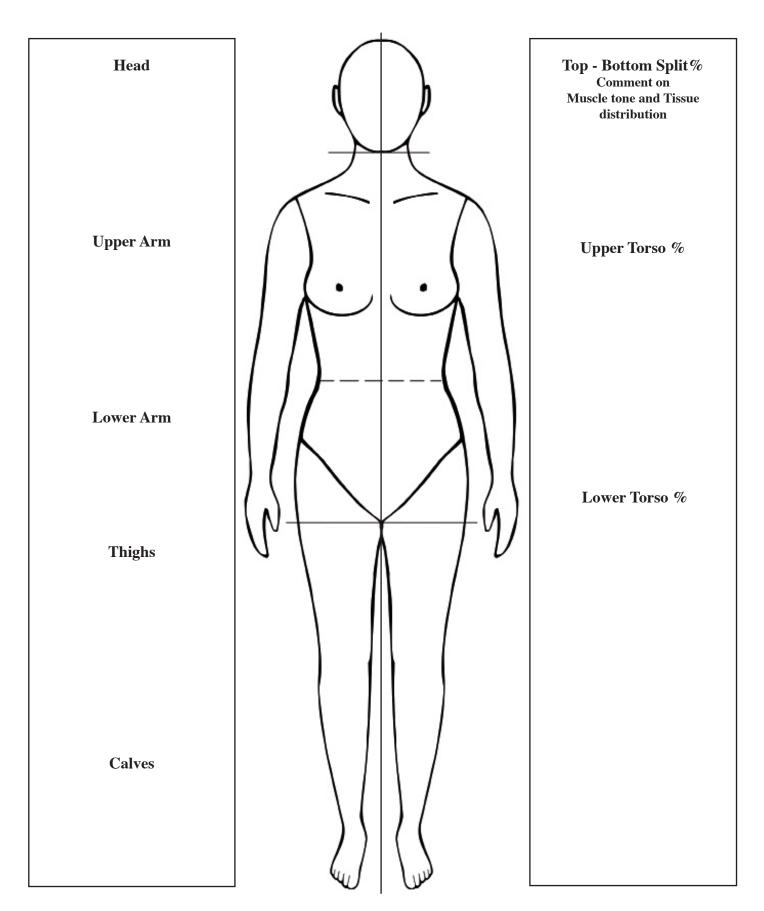
Left Right Shoulder Height/Roll **Head Tilt** See front and back **Upper body twist** Leg Frame Hips **Thighs** Knees Calves **Ankles** 

Study Pages 39 - 50 Left & Right Imbalance

### **BMA Practical Assessment & Work Sheet**

# Head/Torso/Limbs Give details under each heading Top Bottom Percentages ~ Quality and quantity of muscle tone and flesh

Draw client's actual shape against all templates in red



Study pages 39 - 50 Head/Torso/Limbs

 $Start\ drawing\ from\ the\ bottom\ up\ 3F$ 

### **BMA Practical Assessment & Work Sheet**

# Front/Back Percentages ~ Quality and quantity of muscle tone and flesh

Draw client's actual shape against all templates in red

# **Comments and comparisons**

Front %	Overall Body: Front ~ Back Balance	Back %
Head only		Spinal Curve
Front % Back %  Angle of Gaze		Cervical
		Thoracic
Hip Angle		Lumbar
Thp Angle		Соссух
Knees		Comment on Posture Correction

Study pages 39 - 50 Front/Back Imbalance

Start drawing from the bottom up 4F